

Third Edition



LAW & ETHICS

FOR PHARMACY TECHNICIANS



LAW & ETHICS

for Pharmacy Technicians

THIRD EDITION

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This book is dedicated to the memory of my mother,

To my wife Hengameh,

To my daughters Mahkameh and Morvarid,

And to my precious and beautiful granddaughters,

Laila Jade and Anabelle Jasmin Mabry

Acknowledgements	xix
Preface	xxi
About the Author	xxiii
SECTION I:	
The Foundation of Law and Ethi	cs 1
CHAPTER 1: INTRODUCTION TO LAW	3
Setting the Scene	4
Overview	4
Role of Law	5
Public Law	6
Criminal Law	6
Private Law	
Civil Law	
Tort Law	
The U.S. Court System	10
The Differences Between Federal Law and State Law	10
Summary	
Setting the Scene	
Review Questions	
Case Study	
CHAPTER 2: PRINCIPLES OF LIABILITY	17
Setting the Scene	18
Overview	19
Theories of Liability	19

Negligence	19
The Four Ds of Negligence	20
Office of The Inspector General	22
Malpractice	23
Civil Malpractice Lawsuits	25
Malpractice Insurance	26
Defense of Malpractice Suits	
Denial Defense	
Assumption of Risk	
Vicarious Liability	27
Corporate Negligence	27
Contributory Negligence	27
Comparative Negligence	28
Professional Liability	28
Civil Liability	28
Physical Conditions of the Premises	28
Illegal Sale of Drugs	28
Promise to Cure	29
Tort Reform	29
Malpractice Prevention	29
Safety	30
Communication	30
Documentation	31
Failure To Warn (Failure To Protect)	32
Breach of Confidentiality	32
Invasion of Privacy	33
Informed Consent	34
Intentional Infliction of Emotional Distress	34
Statute of Limitations	34
Product Liability	35
Summary	35
Setting the Scene.	36

	Review Questions	36
	Case Study	39
СН	IAPTER 3: ETHICS IN PHARMACY PRACTICE	41
	Setting the Scene	42
	Overview	43
	Ethics, Morals, and Values	
	The Relationship Between Ethics and the Law	
	Ethical Standards and Behavior	
	Ethical Issues and Personal Choice	47
	Professional Ethics	48
	Code of Ethics for Pharmacists	49
	The Patient–Pharmacist Relationship	49
	Patient Advocacy	50
	Respect for Patient Autonomy	50
	Professional Competence	51
	Respect for Other Colleagues	52
	Serving the Community	52
	Equitable Treatment	52
	Code of Ethics for Pharmacy Technicians	53
	Maintaining Health and Safety	53
	Autonomy	54
	Self-Determination	54
	Beneficence	55
	Nonmaleficence	55
	Justice	56
	Fidelity	56
	Veracity	56
	Honesty and Integrity	
	Privileged Communication	57
	Assist and Support the Pharmacist	
	Maintaining Confidentiality	
	Observing Quality and Legal Standards	
	Maintenance of Professional Standards	
	I ovalty to the Employer	58

viii Contents

Making Ethical Decisions	
Identifying the Problem	59
Gathering Data	59
Analyzing the Data	
Forming an Action Plan	
Evaluating the Results	
Ethical Issues in the Pharmaceutical Industry	
Summary	
Setting the Scene	61
Review Questions	62
Case Study	65
SECTION II:	
Federal Laws	67
rederar Laws	
CHAPTER 4: FEDERAL REGULATION OF DRUG PR	ODUCTS69
Setting the Scene	70
Overview	70
Pure Food and Drug Act of 1906	71
What Led to the Legislation?	
Key Points of the Legislation	71
Harrison Narcotics Tax Act of 1914	71
Key Points of the Legislation	72
Sulfanilamide Tragedy of 1937	72
Food, Drug, and Cosmetic Act of 1938	72
What Led to the Legislation?	73
Key Points of the Legislation	73
Durham-Humphrey Amendment of 1951	73
What Led to the Legislation?	73
Key Points of the Legislation	74
Thalidomide Tragedy of 1962	74
Kefauver-Harris Amendment of 1963	75
What Led to the Legislation?	
Key Points of the Legislation	

Comprehensive Drug Abuse Prevention and Control Act of 1970	76
What Led to the Legislation?	76
Key Points of the Legislation	76
Poison Prevention Packaging Act of 1970	77
What Led to the Legislation?	78
Key Points of the Legislation	78
Occupational Safety and Health Act of 1970	79
What Led to the Legislation?	79
Key Points of the Legislation	79
Drug Listing Act of 1972	79
What Led to the Legislation?	80
Key Points of the Legislation	80
Medical Device Amendment of 1976	80
What Led to the Legislation?	81
Key Points of the Legislation	81
Resource Conservation and Recovery Act of 1976	81
What Led to the Legislation?	81
Key Points of the Legislation	81
Drug Regulation Reform Act of 1978 and Provisions	82
What Led to the Legislation?	82
Key Points of the Legislation	82
Drug Recalls	82
Orphan Drug Act of 1983	84
What Led to the Legislation?	84
Key Points of the Legislation	84
Drug Price Competition and Patent Term Restoration Act of 1984	85
What Led to the Legislation?	85
Key Points of the Legislation	86
Prescription Drug Marketing Act of 1987	86
What Led to the Legislation?	86
Key Points of the Legislation	86
Omnibus Budget Reconciliation Act of 1990	86
What Led to the Legislation?	87
Key Points of the Legislation	87

FDA Safe Medical Devices Act of 1990	88
What Led to the Legislation?	88
Key Points of the Legislation	88
Anabolic Steroids Control Act of 1990	88
What Led to the Legislation?	89
Key Points of the Legislation	89
Americans with Disabilities Act of 1990	89
What Led to the Legislation?	89
Key Points of the Legislation	89
Dietary Supplement Health and Education Act of 1994	90
What Led to the Legislation?	90
Key Points of the Legislation	90
Health Insurance Portability and Accountability Act of 1996	90
What Led to the Legislation?	91
Key Points of the Legislation	91
FDA Modernization Act of 1997	91
What Led to the Legislation?	92
Key Points of the Legislation	92
Medicare Prescription Drug, Improvement, and Modernization Act of 2003	92
What Led to the Legislation?	92
Key Points of the Legislation	93
Isotretinoin (Accutane®) Safety and Risk Management Act (Proposal Only) of 2005	93
What Led to the Legislation?	
Key Points of the Legislation	93
Combat Methamphetamine Epidemic Act of 2005	93
What Led to the Legislation?	94
Key Points of the Legislation	94
U.S. Pharmacopeia and National Formulary	94
Patient Protection and Affordable Care Act of 2010	95
What Led to the Legislation?	95
Key Points of the Legislation	
Regulatory Agencies	96
Bureau of Alcohol, Tobacco, and Firearms and Explosives	
State Boards of Pharmacy	

Centers for Medicare and Medicaid Services	96
Drug Enforcement Administration	96
Department of Transportation	96
Environmental Protection Agency	
Food and Drug Administration	
The Joint Commission	
National Association of Boards of Pharmacy	
Institutional Review Boards	
Summary	99
Setting the Scene	100
Review Questions	100
Case Study	103
APTER 5: MEDICARE AND MEDICAID	105
Setting the Scene	106
Overview	106
Medicare	107
Medicare Part A	107
Medicare Part B	107
Medicare Part C	108
thm:medicare Prescription Drug Improvement and Modernization Act of 2003	108
Medicare Part D	109
Additional Medicare Provisions	116
Requirements for Formularies	116
Prescriptions from Out-Of-Network Pharmacies	118
Enrollment in Medicare	119
Medigap	120
Medication Therapy Management Program	
Medication Therapy Management Program	
	123
Medicaid	123
Medicaid	123 125 126

APTER 6: COMPREHENSIVE DRUG ABUSE AND EVENTION CONTROL ACT: A CLOSER LOOK	131
Setting the Scene	132
Overview	132
Classification of Scheduled Drugs	133
Schedule I Controlled Substances	133
Schedule II Controlled Substances	134
Schedule III Controlled Substances	134
Schedule IV Controlled Substances	135
Schedule V Controlled Substances	135
DEA Registration for Controlled Substances	137
Registration Certificate	137
DEA Number	
Reregistration	
Excluded (Exempt) Substances	
Security of Personnel	
Regulation of Controlled Substances	142
Ordering Controlled Substances	143
Prescriptions for Controlled Substances	146
Practitioner Self-Prescribing	147
Invalid Orders	147
Filling Prescriptions for Controlled Substances	147
Partial Filling of Prescriptions for Controlled Substances	149
Refilling Prescriptions for Controlled Substances	150
Recording Refills	153
Computerization of Refilling	153
Labeling of Controlled Substances	154
Exemptions from Labeling Requirements—Schedule II Substances	155
Distribution	155
Returning Controlled Substances	156
Dealing with Outdated Controlled Substances	157
Theft or Loss of Controlled Substances	157
Compounding or Repackaging with Controlled Substances	162

Facsimile Prescriptions	
Record Keeping	162
Inventory Records	163
Keeping Receipts	163
Dispersal Record	163
Storage and Security Requirements	164
Exportation of Controlled Substances	165
Methamphetamine Anti-Proliferation Act	165
Marijuana Prescribing and Dispensing	166
DEA Inspections	167
Summary	
Setting the Scene	
Review Questions	
Case Study	
CHAPTER 7: THE HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT	173
Setting the Scene	
Overview	174
The Goal of HIPAA	
Title I: Health Insurance Reform	
Title II: Administrative Simplification	176
Complying with HIPAA	176
Privacy Standards	177
The Medical Record	
Altered Medical Records	177
Protected Health Information	
Disclosure of Protected Health Information	
Patients' Rights	
Patients' Rights	
Patients' Rights Patient Notification	
Patients' Rights Patient Notification Security Standards	

xiv Contents

HIPAA Transactions	
HIPAA Electronic Healthcare Transactions	185
Transaction Standards	185
Medical Code Sets	185
Administrative Code Sets	186
HIPAA Enforcement	186
HIPAA Enforcement Agencies	186
Fraud and Abuse Regulation	186
The Compliance Plan	187
Violations and Penalties	187
HIPAA and Pharmacies	
Summary	189
Setting the Scene	
Review Questions	
Case Study	193
CHAPTER 8: WORKPLACE SAFETY LAWS	195
Setting the Scene	
Overview	
Occupational Safety and Health Administration	197
Occupational Exposure to Hazardous Chemicals Standard	
Bloodborne Pathogens Standard	
Aseptic Technique	199
Personal Protective Equipment	200
Exposure Control Plan	201
Post-Exposure Procedures	202
Pharmacy Hazard Regulation	203
Chemical Hygiene Plan	204
Fire Safety Plan	204
Electrical Safety	204
Radiation Safety	205
Hazard Communication Plan	206
Medical Waste Tracking Act	206
Disposal of Hazardous Materials and Spill Cleanup	207
Training and Accident Report Documentation	209

OSHA Record-Keeping Regulations	210
Violations of OSHA	211
Employee Responsibilities	211
Workers' Compensation	211
Sexual Harassment	213
Summary	214
Setting the Scene	215
Review Questions	215
Case Study	218
SECTION III:	
	av Dractica 210
State Laws Affecting Pharma	cy Practice 219
CHAPTER 9: STATE LAWS AND PHARMACY PRACTICE.	221
Setting the Scene	222
Overview	222
State Laws Affecting Pharmacy Practice	223
Minimum Requirements for a Pharmacy	224
Processing of Prescriptions	225
Prescription Drug Orders	227
Electronic Files	228
Drug Product Selection	229
Labeling	229
Patient Records and Drug Review	
Patient Counseling	231
Computer Regulations	231
Pharmacy Ownership	231
Sale of Hypodermic Needles and Syringes	232
Compounding	232
State Regulation of Long-Term Care	233
Summary	234
Setting the Scene	234
Review Questions	235
Case Study	238

СН	IAPTER 10: STATE BOARDS OF PHARMACY AND THE JOINT COMMISSION	241
	Setting the Scene	242
	Overview	242
	The State Board of Pharmacy	243
	State Board of Pharmacy's Functions	243
	Enforcement Powers	244
	Examination Requirements	246
	Internship Requirements	247
	Licensure of the Pharmacist	247
	Pharmacist Licensure Renewal	248
	Continuing Education Requirements	248
	State Board Inspections	249
	Certification of Pharmacy Technicians	249
	Drug Control Regulations	250
	Hospital Pharmacy	251
	Regulation of Long-Term Care Pharmacies	251
	The Joint Commission and Accreditation	251
	Standards of the Joint Commission	254
	Disciplinary Action	255
	Status of Pharmacy Technicians	256
	Pharmacy Technicians in Retail Settings	257
	Pharmacy Technicians in Hospital Settings	258
	Pharmacy Technicians' Liabilities	258
	Summary	259
	Setting the Scene	260
	Review Questions	260
	Case Study	263

APPENDIX A: MEDICATION ERRORS (MEDWATCH)	265
APPENDIX B: SPECIAL TASKS FOR PHARMACY TECHNICIANS IN COMMUNITY SETTINGS	267
APPENDIX C: STATE-BY-STATE APPROVED DUTIES OF PHARMACY TECHNICIANS IN HOSPITAL SETTINGS	269
APPENDIX D: STATE BOARDS OF PHARMACY (ONLINE)	
APPENDIX E: PROFESSIONAL ORGANIZATIONS (ONLINE)	
APPENDIX F: U.S. PHARMACOPEIAL CONVENTION (USP) AND NATIONAL FORMULARY (NF) DRUG MONOGRAPH SAMPLE (ONLINE)	
References	271
Glossary	279
Index	285

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Introduction

This book is designed as a thorough overview of law and ethics in the pharmacy. It reviews federal and state laws and regulations that affect pharmacy technicians, pharmacy students, pharmacists, and other pharmacy employees. Special attention is paid to the Controlled Substances Act and the resultant activities of the Food and Drug Administration (FDA) and the Drug Enforcement Administration (DEA). The text emphasizes the importance of ensuring that each patient receives the highest quality care possible. It is the responsibility of all pharmacy staff members to assist the pharmacist in respecting the rights of every patient and in providing services that strictly adhere to federal and state laws, as well as to the ethical standards of the industry.

Organization of Content

This book consists of two parts: General Introduction and Appendices. Part I is divided into three sections, and further divided into ten chapters that focus on the foundation of law and ethics, federal laws, and state laws affecting pharmacy practice. Part II contains seven appendices (SEE NOTE ABOVE FOR BETH ABOUT MY ADDING A NEW APPENDIX FOR THE ANSWER KEY), a glossary, and an index. The appendices cover diverse topics, including medication errors, pharmacy technician duties and tasks, state qualifications for pharmacy technicians, state boards of pharmacy, professional organizations, and the U.S. Pharmacopoeial Foundation/National Formulary.

This third edition of Law & Ethics for Pharmacy Technicians contains a new chapter (Chapter 5), which is entitled "Medicare and Medicaid." This edition has been fully updated to cover new federal pharmacy legislation. Chapter 2 has new information about the Office of the Inspector General, contributory negligence, comparative negligence, professional liability, tort reform, and malpractice prevention. Chapter 3 has new information about ethical standards and behavior, as well as ethical issues and personal choice. Chapter 4 has new information about the U.S. Pharmacopeia and National Formulary, as well as the Patient Protection and Affordable Care Act.

Chapter 6 has been updated with information about practitioner self-prescribing, invalid orders, partial filling and refilling of controlled substance prescriptions, compounding or repackaging with controlled substances, exportation of controlled substances, the Methamphetamine Anti-Proliferation Act, and marijuana prescribing and dispensing. Chapter 7 has new information about altered medical records, and how HIPAA relates to pharmacies. Chapter 8 features updated objectives and National Fire Protection Association information. Chapter 10 features updated objectives and information on examination requirements.

Features

Each chapter contains an outline of the key topics, a list of key terms (which are **bolded** in the chapter text), and objectives that the student must be able to meet upon completion of the reading. Following this is a scenario relevant to each chapter, entitled "Setting the Scene," which includes critical thinking questions to encourage deeper understanding of real-life situations. The answers to these questions are provided near the end of each chapter.

Overviews serve to introduce the student to the key concepts of each chapter. "Focus On" features highlight interesting key points of knowledge. Accurate tables focus on legal and ethical information that must be fully understood in order for the student to master each chapter's content. Certain chapters contain figures that show legal forms and other paperwork. Chapter summaries serve to reinforce the chapter content, and focus on key ideas from the text.

At the end of each chapter, review questions are given that help students to test the knowledge they have gained from their reading. The questions are given in a variety of formats to encourage more complete comprehension, and include case study questions. Internet sites are listed after this, to provide avenues for further reference and learning beyond the text. Book references for sources used in each chapter follow.

Teaching Package to Accompany the Second Edition

A teaching package has been created for this text to aid instructors as they cover material.

Instructor Companion Website

ISBN-13: 978-1-337-79663-7

This book is accompanied by an instructor companion website with additional free resources for instructors who adopt this text for their class. Resources include the following:

- PowerPoint presentations for each chapter.
- An instructor's manual that features lecture outlines, teaching strategies, lists of legal cases, and sources for these cases.
- A question bank of additional questions for the creation of tests and guizzes.



Dr. Moini was assistant professor at Tehran University School of Medicine for nine years, where he taught medical and allied health students. The author was a professor and former director (for 15 years) of allied health programs at Everest University (EU). Dr. Moini established the associate degree program for pharmacy technicians in 2000 at EU's Melbourne, Florida campus. For five years, he was also the director of the pharmacy technician program. He also established several other new allied health programs for EU, where he was for 24 years. Based on his 39 years of experience as a physician and instructor, he believes that pharmacy technicians should be skillful in various types of compounding, and be confident in the performance of their duties and responsibilities in order to prevent medication errors. Pharmacists and pharmacy technicians must obey state and federal laws, and remain up-to-date on new legislation. Therefore, he stresses the importance of law and ethics in the pharmacy to all of his students.

Dr. Moini is actively involved in teaching and helping students to prepare for service in various health professions, as pharmacy technicians, medical assistants, and nurses. He worked with the Brevard County Health Department as an epidemiologist and health educator consultant for 18 years, offering continuing education courses and keeping nurses up-to-date on the latest developments related to pharmacology, medication errors, immunizations, and other important topics. He has been an internationally published author of 25 allied health books since 1999. He is now a professor at Eastern Florida State College, teaching various subjects for allied health.



THE FOUNDATION OF LAW AND ETHICS

CHAPTER 1 Introduction to Law

CHAPTER 2 Principles of Liability

CHAPTER 3 Ethics in Pharmacy Practice



Introduction to Law

OBJECTIVES

Upon completion of this chapter, the reader should be able to:

- **1.** Identify the punishments assessed for felonies and misdemeanors.
- **2.** Differentiate between private law and public law.
- **3.** Explain the role of law and ethics in pharmacy practice.
- **4.** Differentiate between criminal law and civil law.
- 5. Explain tort law.
- **6.** Describe the U.S. court system.
- **7.** Define the terms *felony, malpractice,* and *negligence*.
- **8.** Describe which criminal charges related to healthcare practices.



KEY TERMS

Administrative law—The body of law governing the administrative agencies (e.g., Occupational Safety and Health Administration or Department of Public Health) that have been created by Congress or by state legislatures.

Appeals—Legal proceedings in which cases are brought to higher courts to review decisions of lower courts.

Contract law—A system of law that pertains to agreements between two or more parties.

Criminal law—The body of law that defines offenses against the public.

Felony—An offense punishable by death or by imprisonment in a state or federal prison for more than one year.

Jurisdiction—The power and authority given to a court to hear a case and to make a judgment.

Law—A rule of conduct or procedure established by custom, agreement, or authority.

Malpractice—Professional misconduct or demonstration of an unreasonable lack of skill, with the result of injury, loss, or damage to a patient.

Misdemeanors—Crimes punishable by fine or by imprisonment in a facility other than a prison for less than one year.

Negligence—A type of unintentional tort alleged when one may have performed or failed to perform an act that a reasonable person would or

would not have done, respectively, in similar circumstances.

Private law—The type of law that governs conflicts between private parties.

Public law—The type of law that governs conflicts between private parties and the government.

Tort—A private wrong or injury, other than a breach of contract, for which the court will provide a remedy.

SETTING THE SCENE

A patient brought a prescription to a pharmacy for a sulfa drug that was prescribed by her physician. The patient is allergic to sulfa drugs, a fact that was noted in the handwritten medical record located in the physician's office. However, the medical records assistant did not transcribe the allergy note into the computerized patient record. The pharmacy technician dispensed the drug because there was no information about the patient's sulfa drug allergy included in the computerized patient record. The technician did not ask the patient if she had any drug allergies. The pharmacist signed off on the prescription and approved the dispensing of the drug. After taking one dose of the sulfa drug, the patient had a severe allergic reaction that ultimately led to her death. The patient's family filed a civil suit against both the pharmacist and the physician for negligence.

CRITICAL THINKING

- What should the pharmacy technician have done to best benefit the patient in this situation?
- Was it appropriate for the patient's family to sue the pharmacist?
- If criminal charges were filed, what possible outcomes might affect the pharmacist, the physician, and the pharmacy technician?

Overview

s the field of pharmacy becomes more complex, understanding of pharmacy law becomes more important. The effect of state and federal government regulations and lawsuits in the field of pharmacy is greater than ever before. Pharmacy has a distinct vocabulary and a set of professional standards and regulations. Once you become familiar with the vocabulary, rules, and regulations, it enables you to understand the ideas, concepts, and structure of the job. Pharmacists and pharmacy technicians need to have a clear understanding

of the laws and regulations related to their field of practice. If these laws and regulations are not understood or not followed, its consequences to the consumer of pharmaceutical products could be life-threatening.

Role of Law

Law is generally defined as a system of principles and processes that is devised by an organized society to deal with problems and disputes without the use of force. Standards for human behavior are established by law. Conflicts emerge when standards are not met. The law is used by individuals and the government to resolve conflicts and enforce established standards.

Law includes statutes, rules, and regulations that govern people and their behaviors, relationships, and interactions with society and with state and federal governments. Law provides order for the resolution of conflicts between individuals, corporations, states, and other entities. The goal of law is to protect the health, safety, and welfare of individual citizens. Law provides guidelines for resolution of disputes in a fair and safe manner.

Although based on solid and long-held beliefs, customs, and principles, the law is always growing and evolving to meet the changes, challenges, and constantly occurring shifts in society. This can be evidenced by the history of drug laws in the United States. In the 1800s and early 1900s, there was no regulation or control over medicinal products. Any substance or product could be claimed to have health benefits or medicinal effects. As a result, contamination of products occurred, leading to injury to consumers, and potentially addictive products were distributed.

In response to these circumstances, laws such as the Pure Food and Drug Act (enacted to ensure accurate labeling and the purity of marketed foods and drugs) were passed. Some of these laws, for example, the Food, Drug, and Cosmetic Act of 1938, resulted in the establish-

ment of agencies such as the U.S. Food and Drug Administration (FDA), which regulates food and drugs along with the labeling of their contents. As time went on, deficiencies in the existing legislation were identified and additional legislation was enacted to continue to improve pharmacological products in the United States. For instance, laws were enacted to make certain substances illegal for public use or to limit how they could be used. Fine-tuning of laws continues today as the need arises.



In the United States, the legal system divides laws into three categories: criminal law, civil law, and **administrative law**. Administrative law focuses on the regulations set forth and enforced by governmental administrative agencies.

Public Law

Public law governs conflicts between private parties and the government. Sometimes, the difference between private and public law is difficult to ascertain, since certain behaviors can violate both types of law. To help understand the differences more fully, see Table 1-1.

Public law defines appropriate behaviors between individuals, organizations, and the government. The primary sources of public law are written constitutions, regulations, statutes, and decisions of administrative and judicial bodies.

CRIMINAL LAW

Criminal law is concerned with acts against society that are violations of criminal statutes or codes. It is one form of public law. Criminal laws are enforced by representatives of the state against persons or corporations. State or federal governments may impose monetary fines, imprisonment, or even death in certain circumstances for violations of criminal law. **Misdemeanors** are lesser crimes, usually punishable by fines and/or imprisonment for less than one year (e.g., traffic violations, thefts under a certain dollar amount, or attempted burglary). **Felonies** are punishable by much larger fines and imprisonment for more than one year, and in some jurisdictions, certain felonies are punishable by death. Examples of felonies are rape, murder, robbery, domestic violence, and child abuse. A *robbery* is defined as the forcible stealing of property during which a victim is physically injured, is threatened, or is put in fear of bodily injury. Many states hold that certain felony convictions are grounds for revoking licenses to practice in the healthcare field. Practice without a license, falsifying information when obtaining a license, failing to provide life support to those who are terminally ill, and patient abuse are all examples of crimes that may result in criminal prosecutions. The state or

Table 1-1 Private and Public Law

Public Law Public Law	Private Law
Administrative Law	Agency
Civil, Criminal, and Appellate Procedure	Commercial Paper
Constitutional Law	Contract Law
Criminal Law	Corporation Law
Substantive	Intellectual Property Law
 Procedural 	Partnerships
Evidence	Personal Property
Taxation	Real Property
	Sales
	Torts
	Trusts and Wills

federal government may press criminal charges against those who violate written criminal codes or statutes.

Criminal law is divided into two areas: *substantive* and *procedural* law. They are differentiated as follows:

- Substantive law defines specific offenses, general principles of liability, and specific punishments. Specific offenses include felonies and misdemeanors
- Procedural law focuses on the steps through which a criminal case passes, from initial investigation of a crime to trial, sentencing, and the eventual release of the criminal offender.

Table 1-2 explains the differences between criminal and civil law cases.

Private Law

Private law governs conflicts between private parties. Private law is legally referred to as *civil law* since it focuses on private rights and remedies. *Civil law* is a term that may be understood more definitively however, since it is more distinctly compared to criminal law. The primary source of private law comes from court decisions, which can later be modified by regulations or statutes.



Focus On...

Criminal law involves crimes against the state.

Another segment of public law consists of constitutional provisions, regulations, and statutes. It requires governmental entities and private parties to follow specific courses of action. Government regulations in this area are designed to secure compliance with the goals of law, rather than to punish offenders. Areas of criminal law include administrative, antitrust, constitutional, environmental, labor, and securities law.



What Would You Do?

Brian has had three traffic violations in the past three months. He has also been charged with domestic violence against his girlfriend. You are the pharmacist for whom Brian works, and you are aware of some of these events. One day, you hear him harassing another worker until an argument breaks out. Brian becomes very agitated. Knowing his background, what would you do in this situation?

CIVIL LAW

In civil law, a plaintiff (injured party) may bring suit against an alleged defendant (wrongdoer). Most civil law cases concern either contract law or tort law. Civil wrongs are often called *torts*. A **tort** is a physical or nonphysical injury to a person by another person. The person causing the injury is legally responsible for his or her actions. The injury may be intentional or unintentional.

Most civil law cases against healthcare workers are for **malpractice** (professional misconduct or **negligence**). *Malpractice* is defined as improper discharge of professional duties or failure to

Table 1-2 Criminal and Civil Law Case Differences

Criminal Law	Civil Law
Parties: Plaintiff is state, county, or federal government (always).	Parties: Plaintiff and defendant may be the government, corporations, or individual persons.
Punishment: Fine and imprisonment.	Punishment: The party who loses cannot be imprisoned even if unable to pay damages assessed by the court.
Source: State or federal statutes.	Source: State or federal statutes and court decisions.
Jury decision: Must be unanimous.	Jury decision: Varies from state to state; certain state courts require a majority vote by a jury in order to issue a decision, while others require a unanimous jury decision. Federal courts require a unanimous jury decision.
Burden of proof: Beyond a reasonable doubt.	Burden of proof: Preponderance of the evidence (defined as <i>more likely than not</i>).
Appeals: Only the defendant may appeal a guilty verdict.	Appeals: Either party may appeal the decision
Decision: The defendant is either guilty or not guilty—there is no partial fault.	Decision: The plaintiff and defendant may both be found partially right and partially at fault.

meet the *standard of care* of a professional person. *Negligence* is defined as a failure to exercise reasonable care and the omission or commission of an act that a reasonably prudent person would or would not do under given circumstances. *Gross negligence* is the reckless and wanton disregard for the standard of care and interest of others and is a criminal offense. Negligence and malpractice are discussed in detail in Chapter 2.

Penalties in civil law are almost completely monetary in nature and represent an attempt to make the injured or wronged person *whole* again. Individuals or entities may bring civil cases against other individuals or entities for harm involving contracts, labor, privacy, or tort issues. The most common torts in healthcare settings are assault, battery, defamation (libel or slander), false imprisonment, intentional infliction of emotional distress, invasion of privacy, negligence, and malpractice.

TORT LAW

Tort is a French word meaning wrong. Torts include assault (in general, the threat of violence), battery (contact in a manner that may cause bodily harm), fraud, libel, negligence, medical malpractice, slander, defamation, theft, trespassing, invasion of privacy, and wrongful death. Assault is further defined as an intentional act that causes another person to experience the apprehension of being touched in an offensive manner, or of physical harm. When assault results in physical contact, it is called battery. Defamation is defined as a false statement of fact that causes damage to a person's reputation. Libel is written defamation, while slander is spoken defamation. Theft is the taking of property without consent of the owner.

Tort law often results in civil lawsuits, with the injured party suing the injurer (tortfeasor). It is also concerned with duties and rights between parties that exist independent of contracts. Legal issues related to the control and storage of electronic health information fall under a form of civil law called *intellectual property law*.

Intentional torts are those that are committed willfully against a person or property. The offender must intend to commit the act. The injured party may seek a civil case against the person who committed the tort against him or her. Intentional torts include assault, battery, false imprisonment, fraud, libel, slander, trespassing, and invasion of privacy. Some intentional torts may also be prosecuted as crimes in separate court cases. Tort liability may be based on intent, negligence, or *strict liability*, which is the responsibility of a product manufacturer or seller for any defect that unduly threatens personal safety. For intentional torts, legal action requires a legal duty between a plaintiff and defendant, a breach of that duty, and injury that occurs as a result of the breach. Defenses that are available against accusations of intentional torts include consent, privilege, self-defense, the defense of others, and error.

Unintentional torts are those that are committed accidentally. For example, when a pharmacy technician fails to verify accurate information and a patient receives a medication that is less effective than intended, an unintentional tort has occurred. Negligence, malpractice, and product liability are examples of unintentional torts. In negligence, injury to a patient occurs because a

healthcare provider has failed to exercise the degree of care required to perform an otherwise permissible action. Civil complaints are designed to *make the victim whole* by restoring whatever was his or her original position before the injury or loss.

CONTRACT LAW

Contract law pertains to agreements between two or more parties. In a contract, each of the concerned parties agrees to do (or not do) certain things. Contracts are legally binding exchanges of promises. The term contract law is based on the Latin phrase pacta sunt servanda, which means pacts must be kept. In contract law, an agreement (contract) sets forth promises to act (or not act) in specific ways, documents the agreement of both parties to act (or not act), and describes what each party receives from the other for performing the contractual obligations. Contracts may be oral or written and must follow applicable state and federal



Mark has been working in a retail pharmacy for 17 years. He is a senior technician and a reliable person at work. About a year ago, his wife died, causing him to become very depressed. Last week, he made a mistake while he was compounding two medications. The pharmacist found out about his failure to exercise reasonable care while working. He told Mark that this was a case of negligence and that legal action could be brought based on his error. Mark responded rudely and even pushed the pharmacist. In your judgment, what would be the possible consequences for Mark, taking his entire situation into account? What could he be accused of for being physically violent with the pharmacist?